

>>> NEWSLETTER <<<

FOOD4THOUGHT NEWS

The beauty of urban agriculture



TOP NEWS OF THE PROJECT SO FAR

IMPLEMENTATION OF THE FARMERS IN THE CITY INDOOR AND OUTDOOR WORKSHOPS IN THE 6 COUNTRIES

Between April and May of 2025 all partners gathered 25 young people aged 18 - 30 years old for the successful implementation of the Farmers in the city workshops in CYPRUS, CROATIA, PORTUGAL, BULGARIA, ROMANIA and ITALY. During the workshops we talked about urban agriculture, aquaponics, how to make your own vegetable garden etc. We also visited more vegetable gardens where we planted fruits and vegetables! Big thanks to all youngsters for their participation!

PHOTOS FROM THE FARMERS IN THE CITY WORKSHOPS

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BLENDING MOBILITY OF YOUNG PEOPLE IN BRAGA

Between 26-30 of May partners organised the Blended Mobility of the Food4Thought project hosted by AJEA Portugal with partners from Romania, Bulgaria, Italy, Cyprus and Croatia. Participants gathered for a 3 day mobility drive to promote the practice of urban agriculture among young people.

The first day was all about getting to know one another while learning more about the online platform of Food4Thought. The next days were filled with exercises of encouraging thinking and communication about the challenges facing urban agriculture. By boosting teamwork and connection, we managed empowering young people, sharing thoughts on urban agriculture and promoting sustainable change.

FIND OUT MORE



WEBSITE:
FOOD4THOUGHT-EPLUS.EU



FACEBOOK PAGE:
[FOOD 4 THOUGHT](https://www.facebook.com/FOOD4THOUGHT)



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WHAT IS NEXT?

Partners will organise 6 European Conferences "THE IMPORTANCE OF URBAN AGRICULTURE IN ACHIEVING SDGs" in each country, for promoting youth engagement in urban agriculture.

