

>>> NEWSLETTER <<<

FOOD4THOUGHT NEWS

The beauty of urban agriculture



TOP NEWS OF THE PROJECT SO FAR



OUTLINING THE FUTURE TOGETHER

>>> THIRD TPM IN ZAGREB

The 3rd TPM took place in Zagreb, blending productive discussions with meaningful collaboration. Partners reviewed key management topics and finalized the WP4 timeline, detailing deadlines, tasks, resources, and expected outcomes. A highlight was the alignment of strategies for the upcoming project phases, ensuring all partners are equipped to achieve impactful results. The meeting reaffirmed our shared commitment to fostering sustainable urban agriculture practices.

3- DAY TRAINING OF TRAINERS <<<

Across 3 days, 18 participants from 6 countries engaged in dynamic activities, from understanding urban agriculture and responsible food consumption to creating vegetable gardens and advocating for sustainable practices. Highlights included sessions on marketing locally produced food, the introduction of the Food4Thought Digital Toolkit, and a field visit to an urban farm. The event concluded with reflective evaluations and planning for the next steps, equipping participants to spread the message of sustainable food systems in their communities.

BUILDING UP SKILLS IN URBAN AGRICULTURE

DIVING INTO THE BENEFITS OF URBAN FARMING

>>> FIELD VISIT TO AN URBAN FARM IN ZAGREB

In our visit to an urban garden in Zagreb we learned how to start an urban garden, explored its benefits—like fresh produce, community building, and sustainability—and saw vibrant plants like tomatoes, spices, aloe vera, and lemons. Beyond the practical knowledge, we explored the numerous benefits of urban gardening: access to fresh produce, fostering community connections, promoting environmental sustainability, and creating a peaceful green retreat within the city. The visit emphasised that urban gardening is not just about growing food—it's about cultivating patience, building resilience, and reconnecting with nature in our modern urban lives.

FIND OUT MORE



WEBSITE:
FOOD4THOUGHT-EPLUS.EU



FACEBOOK PAGE:
[FOOD 4 THOUGHT](https://www.facebook.com/FOOD4THOUGHT)



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>>> WHAT IS NEXT?

In the coming months, we'll launch a campaign and workshops to promote urban agriculture and engage communities, with a focus on growing our platform. This will culminate in hands-on gardening activities and the creation of a small urban garden by participants.

In May, we'll host the LTTA and European conference in Portugal, bringing together young participants, project staff, and stakeholders to showcase our achievements and discuss the future of urban agriculture. Stay tuned for updates!

